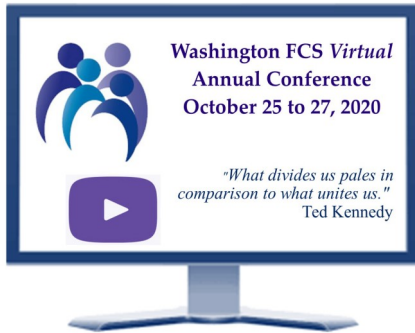




WASHINGTON AFFILIATE

**NEWS CONNECTION SPECIAL EDITION:
ANNUAL CONFERENCE & WAFCS ANNUAL GENERAL MEETING**



***The 2020 Virtual
Washington FCS Annual Conference***

There will be a hybrid of sessions, including both live and pre-recorded. All sessions will be available for registrants' viewing post-conference.

***All FCS professionals
are encouraged to attend.***

Two keynote speakers and breakout sessions over two days. No transportation, hotel, or meal costs involved, and you can earn up to 15 clock hours. What a bargain! For complete information, go to the WAFCS or WA-FACSE websites.

***Registration is now open!
You can find registration and conference information at
<https://wafacse.org/2020-wa-facse-conference/>***

Registration Fees:

WAFCS/AAFCS or WAFACSE Active Member	\$100.00
WAFCS/AAFCS Student Member	\$ 10.00
WAFCS/AAFCS or WAFACSE Retired (Emeritus) Member	\$ 50.00
Active Non-Member	\$150.00
Student Non-Member	\$ 25.00
Retired Non-Member	\$ 75.00

Following registration you will receive an email with your registration details. Make sure to download the Whova App from <https://whova.com/download/> to access the Washington 2020 FCS Conference. The app is free for the conference.

Support the Annual Washington State FCS Student Scholarship

In 2020 we are changing the way we meet, the way we communicate, and now, in the way we collect donations to support our university students in Washington State. They are our up-and-coming professionals of all things Family and Consumer Sciences.

In recent years we have raised scholarship funds through our Silent Auction at the Washington FCS Annual Conference. Since this year the conference is going to be virtual, we have moved to a simple donation process.

Your donation of \$10, \$20, or more will be used to support undergraduate and graduate students at one of our three state universities where a Family and Consumer Sciences degree can be earned.

Thank you for your continuing support of our wonderful Washington students and the future Family and Consumer Sciences in our state.

To donate online, go to WAFCS Annual Student Scholarship on Facebook Fundraisers at <https://www.facebook.com/donate/2371517506490140/>

If you prefer to donate by check, make it payable to WAFCS, note that it is to the Scholarship Fund, and mail it to Margaret Viebrock, WAFCS Treasurer, PO Box 550, Waterville, WA 98858-0550.



WASHINGTON AFFILIATE NEWS CONNECTION

Washington FCS Virtual Annual Conference Highlights

Keynote Speakers

Rachael Mann



The workplace of tomorrow is vastly different from what currently exists. How will globalization, the space race, and technological advances such as automation, virtual reality, and augmented reality impact the future world of work for your students that are enrolled in FACSE?

Join Rachael Mann on a journey to discover forecasted changes in the world around us and how to prepare for careers that are both out of this world and down to Earth. Mann has co-authored the book *The Martians in your Classroom: STEM in Every Learning Space* with Stephen Stanford.

Rachael holds an MA in educational leadership and has 14 years of classroom teaching experience as a Career and Technical Education instructor. Ms. Mann's experience includes her work as the Network to Transform Teaching State Director, the Professional Learning Director of STEM, and the Arizona State Director for Educators Rising. She is president-elect for the NCLA executive board, vice-president of New and Related Services for ACTE, and a member of the Region V Policy Committee.

Make Your Presentations Outrageous and Contagious

Monday, October 26, 8:00 am - 8:50 am

How do the presentation skills that make TED Talks go viral apply in your role as an educator? Memorable presentations do not happen by accident. Learn how the best presenters prepare for the stage, and how to deliver your talk with confidence, whether speaking at a board meeting, parent-teacher conference, in an interview, or in the classroom. You will learn how to incorporate jaw-dropping moments that your audience will not be able to forget. Attend this session and learn the basics for creating

Keynote: The Future of Work in Family & Consumer Sciences

Monday, October 26, 3:00 pm - 4:00 pm

Dr. Robert Maurer



As the Director of Behavioral Sciences for Providence Family Medicine and a faculty member with the University of Washington School of Medicine, Dr. Maurer has studied how individuals, families, and organizations sustain their excellence in health, relationship, and work. Dr. Maurer has published several books: *One Small Step can Change Your Life* (listed as one of Google's 100 Best Books), *The Spirit of Kaizen*, and *Mastering Fear*. His work as a clinical psychologist has resulted in the development of an extensive series of programs designed to meet the challenges of building and sustaining excellence and well-being.

Psychaerobics: Skills to Sustain Passion and Performance

Monday, October 26, 11:00 - 11:50 am

The long-term studies of success in the face of adversity reveal essential strategies for enhancing creativity, strengthening relationships, and enhancing physical health. This research provides surprising insights into stress management and tolls for effecting lasting change in yourself and others.

Keynote: Sustaining Excellence in Times of Crisis

Tuesday, October 27, 12:00 - 12:50 pm

A unique and extraordinary body of research follows individuals and organizations for decades to reveal the essential skills for success in work, health, and relationships. What skills are essential during a time of crisis? This program explores the surprising findings and provides tools for caring for ourselves so we can provide the best possible care for others.

WAFCS & AAFCS Member Presenters

Sharleen Kato & Raedene Copeland: *Beyond Talk: Active Classroom Strategies to Address Diversity, Equity, Inclusion, and Global Issues.* Sunday, October 25, 12:00 - 12:50 pm ¹

LynDee Lombardo: *Exploring the Crazy Quilt Attributed to Ellen Swallow Richards.* Monday, October 26, 10:00 - 10:50 am ²

Andrew Chamberlin & Crystal Rediske: *Next Gen Personal Finance (NGPF) AND The Current State of Student Loans.* Monday, October 26, 11:00 - 11:50 am ⁴

Karen Bergh & Jan Bowers: *National Partnership for Recruiting, Preparing, and Supporting FCS Educators: Resources and Best Practices.* Monday, October 26, 1:00 - 1:50 pm ¹

Margaret Viebrock: *Who Gets Grandma's Yellow Pie Plate?* Tuesday, October 27, 8:00 - 8:50 am ^{3 & 4}

Debbie Handy & Lauren Lindbloom: *Practicing FCS Teachers' Interview Advice for New FCS Teachers.* Tuesday, October 27, 11:00 - 11:50 am ¹

Barbara O'Neill, Past member of AAFCS Board of Directors: *Financial Planning for the Second Half of Your Life.* Tuesday, October 27, 1:00 - 2:50 pm ^{3 & 4}

Special Interest to Retirees

Lee Weissman & Kay Tomlinson, AARP Washington Speaker's Bureau: *Protect Yourself from Fraud & Identity Theft.* Tuesday, October 27, 10:00 - 10:50 am

Subscript Key: 1-Education Oriented / Say Yes to FCS, 2-Something for Everyone, 3-Retirement, 4-Personal Finances

WASHINGTON AFFILIATE
NEWS CONNECTION



WAFCS *Virtual Annual General Meeting*

Thursday, October 29, 2020

Member Social: 3:30 to 4:00 pm

Business Meeting: 4:00 to 5:30 pm

For the safety of our members, the Executive Board of WAFCS made the decision that the Annual General Meeting will be a virtual meeting on Thursday, October 29. All members are invited to join the meeting on Zoom or by telephone. There will be a social time for everyone from 3:30 to 4:00 and the meeting will be at 4:00 pm. Below is the Zoom link. If you can't join by the Internet, call in! The phone number, Meeting ID, and Passcode are also listed below.

<https://wsu.zoom.us/j/98050745073?pwd=b3N1bU9MMDRwY05HOWtmb1JJNVVNZz09>

To Join by Phone: 1(253)215-8782

Meeting ID: 980 5074 5073

Passcode: 562496

We hope you will join us!

Tentative Meeting Agenda

Agenda Item	WAFCS Leader
Welcome** and Call to Order	Andrew Chamberlin, President
Introduction of WAFCS Executive Board	Andrew Chamberlin, President
Approval of 2019 AGM Minutes	Donna Abbey, Secretary
Treasurer's Report	Margaret Viebrock, Treasurer
Interim Executive Director Report	Diane Grossenbacher
ASSOCIATION BUSINESS	
2020 Recap <ul style="list-style-type: none"> ● Committee Reports ● AAFCS Membership Grant ● AAFCS Virtual Annual Conference ● Washington FCS Annual Conference ● Nomination of Karen Bergh for DSA ● WAFCS Documents Update ⇒Vote to accept Bylaw Revisions & Affiliate Plan of Action	<u>Board Members</u> Karen Bergh, Awards, Sharleen Kato, IFHE, and Rene Ketchum, Nominations LynDee Lombardo, Membership Andrew Chamberlin, President Donna Graham, President-Elect Donna Graham, President-Elect Andrew Chamberlin
2021 Plans <ul style="list-style-type: none"> ● Introduction and vote on the Affiliate Plan of Action ● Recruit new members ● Recruit members to the WAFCS Committees 	Donna Graham, President-Elect LynDee Lombardo, Membership Rene Ketchum, Nominations
Nomination, Election, and Installation of 2021 Executive Board	Debbie Handy, Director-at-Large, AAFCS Board of Directors
For the Good of the Order <ul style="list-style-type: none"> ● AAFCS Annual Conference: June 25-27, 2021, Minneapolis ● 2021 Washington FCS Annual Conference: October 23-25, 2021, Wenatchee ● Centennial Celebration of Washington Affiliate with AAFCS during the Washington FCS 2021 Annual Conference – details forthcoming 	Everyone
Adjourn Meeting	Andrew Chamberlin

*****All attendees will be eligible for one of five drawings for a \$25 gift card from Amazon. Drawings will take place during the meeting.***

WASHINGTON AFFILIATE
NEWS CONNECTION

WAFCS Bylaws Update



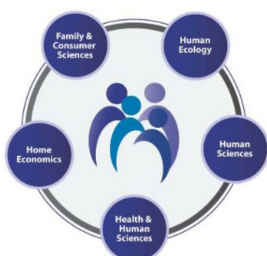
Bylaws are the most basic rules of operation for our organization. They should cover only the highest level of operation of the board. Think of the bylaws as equivalent to the U.S.

Constitution—broad in the topics it covers and infrequently changed—while the policies you pass are more like the laws that fit within its framework. Every time Congress passes a law, it doesn't have to amend the constitution. Keep your bylaws focused on the big picture and use policy to enact other changes.

Reviewing the organization's bylaws is a basic part of every board's legal duties. Well-drafted bylaws will signal a well-governed organization, which will be an important factor for internal and external stakeholders, including potential directors, employees, funders, major donors, and regulators.

It has been five years since the Executive Board of WAFCS updated the Bylaws. Some items were outdated, some offices were found to be unnecessary, and AAFCS had requested that the Affiliates align their Bylaws with theirs. The board has been working on the revisions for more than a year, and are now ready to present them to the membership for approval.

The proposed Bylaws revisions will have been sent to all members by the time this newsletter reaches you. These revisions will be voted on at the Annual General Meeting on Thursday, October 29. The revisions can also be viewed on the WAFCS website at www.washingtonafcs.org/Bylaws and Procedures Manual



2021 Affiliate Action Plan



For many years it was called the "Power of Work," then it became the "Affiliate Action Plan."

The goal is the same; it's the plan that describes the incoming president and affiliate's goals for the year.

My goals for 2021 are simple: increase membership, recruit members to serve on the executive board and committees, and create opportunities for engagement.

Objective: Increase Membership

- Define membership needs by contacting current and potential members.
- Develop appealing benefits for current and potential members
- Actively recruit and retain professionals who work with families or in related Family and Consumer Sciences fields.
- Increase involvement of all FCS disciplines.
- Encourage members to establish with or initiate local WAFCS affiliates.
- Promote involvement of membership in WAFCS/AAFCS at all levels.

Objective: Recruit members to serve on the Executive Board & Committees

- Increase member participation by adding committee members who Board Chairs can rely on.
 - ✓ Create a pool of professionals willing to serve as officers in the future.
 - ✓ Increase involvement of young and established professionals in WAFCS.
 - ✓ Encourage members to re-establish or initiate local WAFCS affiliates.
 - ✓ Promote involvement of membership in WAFCS/AAFCS at all levels.

Objective: Embrace the Virtual World

- Research and subscribe to a virtual meeting app
- Explore engagement by creating programs of interest for FCS professionals
- Explore virtual conferences for:
 - ✓ FCCLA to encourage students to consider a career in FCS
 - ✓ Student Unit meetings
 - ✓ For promote cross-training our brains with presentations by professionals from various FCS disciplines
 - ✓ Social hours to connect members with potential members.

Donna Graham

Coming in 2021: Celebrating 100 years as an Affiliate of AAFCS

As reported in previous issues of the WAFCS News Connection, we are planning a Centennial in 2021 to celebrate 100 years of affiliation with the American Association of Family & Consumer Sciences (formerly the American Home Economics Association).

Work on the celebration has been hampered by the pandemic. The Washington State Archives were closed to the public and travel was discouraged to decrease the rate of infection.

Hopefully in the coming days we will be able to resume our work on the celebration. Being optimistic, the 2021 Washington FCS Annual Conference will be a face-to-face meeting in Wenatchee so we can celebrate in style.

In the coming months we will be sending you periodic updates on the celebration and asking you to participate by telling us your FCS stories: Who has influence you, mentored you, or been your role model. Who would you like to publicly honor? We'd also like you to share pictures that can be collected and a memory book compiled for the celebration and to put into the AAFCS and Washington State Archives.

If you have pictures, stories, including ones about a person you would like to honor, or questions about the Centennial Celebration, please contact Donna Graham, President-Elect, at donnacgraham@msn.com.