Resolution Adopted by the American Association of Family & Consumer Sciences
Board of Directors on July 9, 2018

Initiated by the AAFCS Global Perspectives Community, Supported by the AAFCS Public Policy Community, and the AAFCS Family Relations & Human Development Community

WHEREAS, All people should be treated with dignity, respect, and concern for their needs and human rights throughout their lifespan.

WHEREAS, Adverse childhood experiences can have lifelong consequences that compromise and diminish children’s future potential.

WHEREAS, Parents and strong families are fundamental to the well-being of children.

WHEREAS, The policies adopted, amended, and implemented shall include considerations of the best interests of children and their families.

WHEREAS, Family and Consumer Sciences has a holistic, integrative perspective that provides a comprehensive understanding of individual, family, and community issues on equity, justice, and optimal solutions.

WHEREAS, The American Association of Family and Consumer Sciences (AAFCS) has worked collaboratively with other organizations and agencies to support the well-being of families.

BE IT RESOLVED THAT

AAFCS members, affiliates, and communities support the humane treatment of all individuals, families, and groups of people.

AAFCS members, affiliates, and communities actively support policies and practices that consider and uphold the best interests of families.

AAFCS members, affiliates, and communities actively collaborate with other organizations through the promotion of awareness, education, analysis, and action to support the rights and well-being of families who have entered or are entering the United States.

Advocating for all families: The spark that initiated the 2018 AAFCS Resolution

Dr. Jody Roubanis, CFCS, California Affiliate Past President, AAFCS Global Perspectives Community

With AAFCS as the strong professional association support system, it takes just one spark to get a resolution in place. Prior to the AAFCS Annual Conference, members of the AAFCS Global Perspectives Community regularly discussed issues occurring at the southern border that affect families. In 2014, this community initiated the 2015 AAFCS Resolution that targeted the wellness of children who cross the border into the United States unaccompanied by an adult or a parent. Several weeks before the 2018 AAFCS Annual Conference, community members shared news stories and links to websites explaining the conditions in place separating children from their families. But in terms of a resolution, no one was getting anything on paper.

One week prior to the conference, I received a statement from the California PTA calling for all members to advocate for the basic human rights of all people regardless of their immigration status. I made the decision then, that if a 100% volunteer-based organization can craft a statement, then AAFCS needed to get a research-based statement out and I needed to be the spark to get it started. I sent a draft statement to all members of the AAFCS Global Perspectives Community and then brought it to the AAFCS Leadership Council during its meeting at Annual Conference. After Leadership Council members reviewed the statement they decided to form an editing committee to revise the draft. This revision committee removed all the research-based language that supported keeping families together and drastically shifted the focus from a call for advocacy to a statement of support to other organizations that have taken a stand on the issue. Firmly rejecting this revised statement, the AAFCS Global Perspectives Community met a couple days later and decided to strengthen the original statement and bring it to the AAFCS Board of Directors for adoption as a resolution.

Virginia Vincenti, Carolee Makela, and I formed the new AAFCS Global Perspectives Community resolution team and co-authored the resolution that was submitted to the AAFCS Board of Directors for adoption. Upon adoption, they removed the history section in the background and the following statement in the resolution: WHEREAS, There has been inhumane treatment of people, even our own citizens, in the past. All the AAFCS resolutions can be found at [http://www.aafcs.org/resources/advocacy/resolutions](http://www.aafcs.org/resources/advocacy/resolutions).
Hello to All!

I first and foremost want to thank you all for believing in me to be your President. It has been a steep learning curve, but I would not take back any moment of my journey so far.

Since the last issue, so much has happened. Andrew Chamberlin (President Elect) and I took a trip to Ellensburg to meet with the Washington Student Unit Affiliate at their Spring meeting. While there we got a chance to meet with the students and share the importance of staying involved in their professional organization. It was great to talk to the students and learn about their passion in Family & Consumer Sciences. We also sat on a panel for the students where they got an opportunity to ask us our experiences in the classroom. Overall, it was great meeting the students and seeing the future of our organization.

After attending the Student Unit meeting, I quickly prepared for our annual spring board meeting. It was a great time to meet with our executive board team and plan out the rest of the year as well as discuss the future of WAFCS. We had productive conversations and I can tell you first hand, that our organization is in good hands. The entire team have such a passion for FCS and making the organization the best it can be. One of our accomplishments that day was to plan a big recruiting initiative that you will be able to see at the WA FCS Annual Conference in October.

Soon after our board meeting, seven WAFCS members traveled across the US to Atlanta (or shall I say, HOTlantâ) for the National AAFCS Conference. It was a great week where we got the chance to network with leaders across the nation, learn best practices in the field, and share our love and passion for FCS. LynDee Lombardo designed an intricate quilt and displayed it at the Apparel, Textiles & Design Showcase during the conference. It was so fun to talk to her and learn the tricks and trade of quilting. I am hoping to take lessons from her soon! Overall, it was such a great experience attending conference, and I have so much I can hardly wait to take back to my classroom as well as to the organization.

After getting back from Atlanta, it has been “Go Time” for planning the WA FCS Annual Conference taking place October 21-23 at Great Wolf Lodge in Centralia. The planning committee has been working hard making sure all members will enjoy the conference and take golden nuggets back to their workplaces. It has been great working with the Washington Family & Consumer Sciences Educators team and I truly feel you are going to have a great time at conference. We will have our annual scholarship fundraisers at the conference. The Dollar Dash will take place at the Opening Luncheon. Monday evening we will be hosting a raffle for individual items and a silent auction for baskets. All proceeds will go to our scholarship fund. Please consider donating a themed basket for the auction. It is important that we help our young professionals in the field. If you have any questions about the annual conference feel free to contact me. I cannot wait to see all of you there!

Rachel
**WAFCS Members Recognized at WA-ACTE Summer Conference**

We are proud to announce that several of our members received WA-FACSE Family & Consumer Sciences awards at the WA-ACTE Summer Conference, August 5-8, in Spokane.

**WA-FACSE Teacher of the Year**

**Janine Vig Sather**

Sumner High School

**WA-ACTE Teacher Educator of the Year**

**Dr. Debbie Handy**

Washington State University

WAFCS Past President

**Outstanding Service to Family & Consumer Sciences Education**

**Rachel Aszklar**

Sumner High School

2018 WAFCS President

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**A Walk Down Memory Lane**

**Diane Grossenbacher, Retiring WAFCS Executive Director**

It was nearly 32 years ago when Dr. Barbara Bovy approached me about applying for the position of WHEA Executive Secretary. I had been a student of hers at SPU, and was just about to give birth to our first son, putting me in the position of stay-at-home-mom. Applying for that position, and being selected to fill that role, changed the course of my life.

There have been many changes during those 32 years!
- I have worked with (at least) 32 association presidents, and 32 board and committee members.
- All correspondence was typed and mailed out, which meant I supported the post office!
- The association changed its name from the Washington Home Economics Association to the Washington Association of Family and Consumer Sciences, due to the change in name at the national level.
- My job title went from Executive Secretary to Executive Director.
- We went from having our own Professional Day and Fall Conference to having only one event, joining with the educators for our annual conference in the fall.
- The position of Public Information Director was created, and filled by Donna Graham, and I have had the privilege of working with her to edit many, many fabulous (nationally recognized!) newsletters.
- I moved from Ballard (in Seattle) to Lynnwood, and went on to have four children (and am now a grandma to our beautiful 5-month-old granddaughter, Isla Harper Stephens!).
- The Bylaws, Handbook, and Policy & Procedures have changed many times over the years.
- I have gone through probably five computers, the first of which was purchased in 1990, at the cost of $1947.90 (yes, I kept the receipt!). Use of the computer revolutionized the job!
- Many wonderful friendships were gained!
- And, most recently (well, 5 years ago), my paid employment changed from working in the area of Career and Technical Education to that of an Elementary Office Manager.

It has been a wonderful 32 years of learning, serving, and lifelong friendship building. On December 31, 2018, I will be ‘retiring’ from WAFCS, and handing the torch to someone else who is passionate about WAFCS, embraces the field of FCS, and who is ready to take the organization to a new level. With the increase in use of technology, constant changes, and younger leadership, WAFCS is ready to make the needed changes that will align with AAFCS.

Congratulations, WAFCS, on the new chapter you are about to enter. May the next 32 years be as wonderful as the last 32!
WAFCS Annual Awards
Recognize a Special Person or Organization

It’s time to submit nominations for WAFCS Awards. Anyone can nominate a deserving professional or group for one of the following awards:

Teacher of the Year
The WAFCS TOY award recipient competes for the AAFCS National Teacher of the Year award and will present their program at the 2019 AAFCS Annual Conference in St Louis, Missouri.

Group Contributing to the Betterment of Families
Do you have a business or non-profit group in your town that has made a difference in your community? Nominate them.

Professional of the Year
What better way is there to honor the achievements and contributions of a fellow professional? There is no higher sign of respect than peer recognition.

New Achiever Award
A new award for 2018! A WAFCS/AAFCS professional member who has earned a family and consumer sciences degree, who has been a member of WAFCS for at least two consecutive years prior to the nomination, and who has completed three (3) to eight (8) years of service to the field.

The application forms are available on the WAFCS website at http://wafcs.net/aboutus.html for your convenience. All applications are due by October 1, 2018. For additional information, please contact Karen Bergh at 360-402-3527 or by email at berghk@cwu.edu.

Call for 2019 Candidates for the 2019 WAFCS Executive Board

We are seeking candidates to be elected to serve as President Elect for 2019. (A 3-year commitment: President-Elect, President, and Past President).

There will also be some vacancies on the Executive Board for appointed positions. If you are interested in serving, contact Andrew Chamberlin, President-Elect at ajchamberlin@seattleschools.org.

Congratulations to Dr. Jan Bowers
AAFCS 2018 Distinguished Award Recipient

Jan receiving her award from AAFCS President Jacqueline Holland

Jan with GayNell McGinnis, also a DSA recipient, and Lori Myers, AAFCS Sr. Director, Credentialing, Education & Research

The WAFCS Delegation to Atlanta sharing a dining experience

The Washington Association of Family and Consumer Sciences (WAFCS) is accepting applications for Executive Director and Webmaster

WAFCS EXECUTIVE DIRECTOR
The WAFCS Executive Director provides cohesive administrative support for WAFCS,upholding the organization mission. The duties of the position reflect the commitment to assisting the organization’s officers and membership. The Executive Director serves as an ex-officio member of the Executive Board.

WAFCS WEBMASTER
The WAFCS Webmaster supports the organization by maintaining a platform for communication among the officers and membership of the state affiliate, the national organization, and the public. The Webmaster serves as an ex-officio member of the Executive Board.

Interested parties should contact: Karen Bergh at 360-402-3527 or by email at berghk@cwu.edu.
Discovering the Centers for Disease Control Museum
LynDee Lombardo

For almost thirty years, in my career as a Family and Consumer Sciences Health instructor, I regularly found myself referring to Centers for Disease Control produced materials to provide my students with accurate and up-to-date information on all things health-related from HIV/AIDS to zoonoses. And when broader Internet became available, I used the CDC website to find credible health advice as a caregiver on topics ranging from TB to Rabies to recommended child and adult vaccinations. I came to count on the CDC for important information on healthy daily living, and trusted that in times of local or national health emergencies their biologists, epidemiologists and other scientists would be ready to help.

So it was with great anticipation that I registered for a tour of the CDC Museum in conjunction with the 2018 AFACS Conference.

Our tour group bussed from the downtown Atlanta Marriot to the Centers for Disease Control campus situated on 15 acres formerly held by Emory University. As our bus approached the circular drive outside the metal and glass-fronted museum building, we were cautioned that while outside we could only photograph the iconic blue and white CDC sign. I was so unnerved by this unexpected announcement, I was in the museum for almost an hour before I even thought about getting out my camera, and by that time it felt like using my camera would only intrude on my listening and note taking.

The David J. Sencer CDC Museum, a Smithsonian affiliated museum, is designed to educate visitors about the value of prevention-based public health, while presenting the CDC’s rich heritage and world-wide accomplishments in the field of health. The museum, free and open to the public, shows how the CDC has continuously fulfilled its goal of improving overall public health at home and abroad for the past seventy years. Today the CDC is one of the major operating components of the Department of Health and Human Services and is recognized as the nation’s premiere health promotion, prevention, and preparedness agency. Our tour guide, Latoya Simmons, was a vivacious, young woman who also works as a CDC biologist. She spoke with confidence and knowledge about the exhibit, answering our questions as completely as time allowed.

What began as a World War II era directive to fight mosquitoes and malaria common in Southern military training camps and battle sites overseas, has become a CDC mission that continues to fight disease outbreaks in the U.S. and world-wide. This vigilance seems even more important in the 21st Century when diseases can travel just as easily throughout the world as people - when troops return from foreign wars, or vacationers travel by airplane and ships crossing political borders in a matter of minutes or hours, while coming into contact with people, animals and bugs from areas characterized by extreme wealth and extreme poverty. As global warming intensifies, the spread of tropical diseases, which thrive in warmer climates, continues to be an important part of the CDC’s research and prevention activities.

Within the museum, the attentive group listened carefully to how CDC scientists have merged old-fashioned detective work with high-tech science to crack the cases of mystery diseases since their beginning. The agency moved from their original goal of fighting and controlling malaria to a multi-faceted mission of fighting other threats, such as bubonic plague and amoebic dysentery within its first few years of existence. Today’s CDC monitors all communicable diseases from influenza to sexually transmitted diseases and provides practical help to state health departments when requested. The CDC is involved in disease research and surveillance to determine how people are infected around the world.

I found every part of the museum engaging, but two of my favorite displays were the CDC’s participation in the creation of an isolation trailer for NASA astronauts when they returned from the moon – four are still in use today for various types of isolation or quarantine – and the mid-20th Century programs to conquer the spread of polio.

Throughout the museum there are postcard-sized information sheets which visitors can pick up and take home to remind them of past CDC missions and accomplishments, and inform visitors about new initiatives that are important for our future health. One such card carries information about Pulsenet, a lab network that matches bacteria through a type of genetic “fingerprinting”. It can help trace the source of a foodborne disease thus preventing its further spread. One of the first uses of the Pulsenet system was tracking the 1993 E. coli outbreak in Washington State. More recently the CDC helped develop a test to detect emerging Zika virus strains.

The day-to-day work of the CDC is to keep U.S. residents healthy. The Center is always on the job, ready to fight disease outbreaks with a fast response so outbreaks don’t turn into epidemics; they monitor emerging diseases and stay on top of U.S. health issues. CDC does not have “policing” powers nor is it a regulatory body, but with their scientific expertise they partner with the U.S.D.A. and the FDA who do have the power to act to control outbreaks. The CDC can suggest new healthier actions and behaviors which state health departments can implement at local levels. For example, if you have gone to a regional or state fair lately, you have probably noticed an abundance of hand washing stations or the increased availability of hand sanitizing dispensers.

Just as the museum informs and educates, the overall CDC mission to prevent disease, injuries and disability, to encourage healthy lifestyles through all stages of life, and to inform and educate people about public health means that the CDC has programs that educate middle- and high-school students about epidemiology and the science of public health. These programs are another way the CDC’s shows its “public” face to promote the past, present, and future work of the agency as a vibrant and vital contributor to health and well being here and around the world.

Today CDC specialists are often quoted in news and health-related articles shared through respected news sources from NPR to the New York Times where recent stories such as the continuing spread of Lyme disease in the U.S. and the on-again-off-again international threat of Ebola are reported.

My visit to the CDC Museum only intensified my admiration for the mission and workers of the CDC.
Say Yes to FCS...

is a national educator recruitment campaign. It is a collaborative initiative of the following organizations: National Association of State Administrators of FCS (NASAFACS), FCCLA, Family & Consumer Sciences Educator Association (FCSEA), ACTE Family & Consumer Sciences Division, National Association of Teacher Educators of FCS (NATEFACS), National Association of Teacher of FCS (NATFACS), US Department of Agriculture, National Institute of Food and Agriculture, National Coalition of FCS Education, The Alliance for Family & Consumer Sciences, and the American Association of Family & Consumer Sciences (WAFCS is an Affiliate member of AAFCS).

As educators we should all be a part of this important movement. How can you get involved? Help us recruit new members!

The Executive Board voted at their spring meeting to hold a recruitment campaign during the WA FCS Annual Conference October 21-23 at Great Wolf Lodge in Grand Mound (Centralia). WAFCS is offering to pay 50% of a first year membership ($100) for the first 20 new members to sign up. Board members will be able to help you sign up at our vendor table and show you all the benefits of being a member. We want to keep our profession strong. Get started at conference to find out what's going on and how you can help.

Don’t forget to...
"Dine In" on Family & Consumer Sciences Day, December 3, 2018!

Through the FCS Day initiative, AAFCS provides information, tools, and research on the benefits of families preparing and eating healthy meals together. In 2018, the initiative will have a special focus on the emotional and social aspects of family mealtime. For more information: go to https://www.aafcs.org/fcsday/home.

Mark Your Calendar!
February 13, 2019

Family & Consumer Sciences Educator Day

This important event will highlight the value and achievements of family and consumer sciences educators and programs.

Family and consumer sciences (FCS) educators work in secondary education, higher education, and Extension education positions and will be the focus of recognition, paying tribute to the positive impact that they have on individuals, families, and communities every day.

Stay tuned for FCS Educator Day promotional resources!

More Ways to Fill the FCS Educator Pipeline

Whether you are a current or former FCS educator, program participant, or program supporter, you can make a difference in many ways:

1. Visit www.aafcs.org/FCSEdPipeline.asp for background information and links to campaign resources.
2. Commit to recruiting family and consumer sciences educators using the online commitment form. Your commitment pin will show on our interactive map!
3. Download and use the tools on our campaign page that work best for your recruitment efforts.
4. Get involved in the “Say Yes to FCS” social media campaign each month. Visit our story page to see social media posts! https://twitter.com/AAFCS
5. Talk with potential family and consumer sciences educators about career opportunities and direct them to www.aafcs.org/SayYesToFCS.asp.

www.aafcs.org/FCSEdPipeline.asp
Say Yes to FCS: 
Taking Action in 2018-2019
Karen Bergh

Summit IV was held in June conjunction with AAFCS Conference and Expo and the National FCCLA Leadership Conference. The focus for the 2018-19 campaign is to develop state action teams for recruitment and to provide platforms for assisting teachers in developing plans for recruiting FCS educators.

Join Dr. Debbie Handy and Dr. Karen Bergh at the WA FCS Annual Conference to learn about the latest tools and resources available on the AAFCS website. Also learn about the development and implementation of our own state campaign on Monday, October 22, from 1:45 to 2:45 pm.

Exciting News for the Say Yes to FCS Campaign!
USDA/NIFA Grant to support the national FCS Teacher Recruitment initiative

To support our national recruitment initiative The State University of New York (SUNY) at Oneonta, Family, Career and Community Leaders of America (FCCLA), and the American Association of Family & Consumer Sciences (AAFCS) received a three-year grant from the United States Department of Agriculture National Institute of Food and Agriculture (USDA-NIFA) to establish “The National Partnership to Recruit, Prepare, and Support Family Consumer Sciences Educators.” The $747,525 award and matching funds from the three partner institutions provides a total of $936,572 to address the documented shortage of Family and Consumer Sciences (FCS) educators on a nation-wide basis.

The grant includes funding for 9 projects which:
1. Create an online national licensure directory, by state, to help candidates identify and meet specific state FCS requirements.
2. Create an online catalog of state FCS curriculum guides and resources that candidates and educators can access to help them develop and deliver quality FCS programs.
3. Create and facilitate an online bank of free webinars to provide educators with information on current FCS topics and pedagogy strategies.
4. Create an online overview of preparation options (traditional and alternative model programs, credit for prior learning, national map and directory of providers, etc.)
5. Provide an online summary of available scholarship opportunities, financial aid links and loan forgiveness information for high need teaching fields (includes FCS).
6. Create a bank of online FCS content courses that will be delivered by multiple universities on a rotational basis for place bound candidates seeking licensure.
7. Create and implement a national Say Yes to FCS marketing plan and products.
8. Facilitate national leadership academy summits to advance FCS educator recruitment, preparation, and support.
9. Create and facilitate a targeted development and support network for the North East region.

Euthenics
Founded in 1935 by UW Home Economists

Euthenics is a non profit organization of home economists dedicated to the profession of Family and Consumer Sciences. As an IRS 501(c)(3) organization, they promote FCS, provide annual scholarships, and update members' professional knowledge. All meetings are held at Prince of Peace Lutheran Church, 1415 20th Ave. S.E., Shoreline.

The 2018-2019 general meeting dates are:
Tuesday, September 25, 2018
Thursday, October 25, 2018
Tuesday, March 26, 2019
Thursday, April 25, 2019

More information about Euthenics can be found on Facebook at Euthenics of the Greater Seattle Area.
Washington Association of Family and Consumer Sciences (WAFCS)
2019 Action Plan for Engaging with the
American Association of Family and Consumer Sciences (AAFCS) Strategic Plan

For more than 100 years, the American Association of Family & Consumer Sciences (AAFCS) has provided leadership and support to professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life. As an affiliate, the vision and core values of WAFCS are aligned with AAFCS, as follows:

Our Vision

Individuals, families, and communities are achieving optimal quality of life assisted by competent, caring professionals whose expertise is continually updated through AAFCS and WAFCS.

Our Mission

To provide leadership and services to our members, promote advocacy, and develop partnerships and alliances to empower individuals, strengthen families, and enable communities.

Our Core Values

Association members:
• Believe in the family as a fundamental unity of society.
• Embrace diversity and value all people.
• Support life-long learning and diverse scholarship.
• Exemplify integrity and ethical behavior.
• Seek new ideas and embrace change.
• Promote an integrative and holistic approach, aligned with the FCS body of knowledge, to support professionals who work with individuals, families, and communities.

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<th>Outcome 1</th>
<th>Knowledge and Skills are Applied for the Public Good</th>
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<td>Goal</td>
<td>Objectives</td>
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<td>Provide leadership in the development and implementation of policies to strengthen individuals, families, and communities.</td>
<td>• Recognize current political issues that impact individuals, families, and communities.</td>
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<td>• Support local, state, and federal efforts to address the needs of individuals, families, and communities.</td>
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<td>• Support initiatives to strengthen individuals, families, and communities.</td>
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<th>Outcome 2</th>
<th>AAFCS is Key to Success for Professionals in FCS</th>
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<td>Goal 2a</td>
<td>Objectives</td>
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<td>Engage in AAFCS initiatives, networking, and ongoing professional development.</td>
<td>• Increase participation in WAFCS and AAFCS:</td>
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### Outcome 2  AAFCS is Key to Success for Professionals in FCS

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<th>Goal 2b</th>
<th>Objectives</th>
<th>State Affiliate Action</th>
<th>Group or Personal Action</th>
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| Increase Membership and involvement in WAFCS/AAFCS. | • Actively promote membership in AAFCS/WAFCS to professionals who work with families or in related Family and Consumer Sciences fields.  
• Increase student membership in the association and attendance at state and national conference.  
• Increase involvement of young professionals and higher education professionals in WAFCS.  
• Encourage members to re-establish or initiate local WAFCS affiliates.  
• Promote involvement of membership in WAFCS/AAFCS at all levels. | • Prepare a brochure or promotional flyer that shows the bridge between FCS professional organizations.  
• Develop a looping slide-show to run before one of the large group meetings at Fall conference to promote WAFCS membership.  
• Invite professionals in related FCS work sites to join AAFCS/WAFCS.  
• Support Student Unit membership.  
• Increase membership  
• Help nominate deserving AAFCS members for awards nationally (both new and experienced members). | • Take part in a media campaign to encourage membership in AAFCS/WAFCS.  
• Attend the Student Unit annual meeting to promote AAFCS, offer reasons to continue membership, showing them a face to the organization.  
• Support Student Unit members by offering scholarships.  
• Hold Leadership Conferences for high school and college students to promote FCS and AAFCS.  
• Invite members to participate in WAFCS/AAFCS initiatives and activities.  
• Create infographic informing members of the benefits of belonging to both organizations.  
• Create WAFCS board t-shirts to be worn by the board at the FCS Annual conference in Oct. |

### Outcome 3  AAFCS Credentials are Highly Valued

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| Recognize the importance of professional credentials for members and students. | • Identify and promote credentialing opportunities for members and students.  
• Encourage members to achieve CFCS by offering opportunities to take the exam at the annual conference in the fall. | • Learn how to provide information on AAFCS testing and credentialing programs, PrePac, and Precision Exams.  
• Offer CFCS Exam at the Annual Conference.  
• Develop information to educate school administrators about the value of FCS credentialing as teachers document professional proficiency. | • Write an article about the importance of AAFCS credentialing.  
• Media blast to advertise the CFCS Exam at the Fall Conference. |

### Outcome 4  Effective Collaboration, Leverages, Resources

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| Collaborate with Family and Consumer Sciences related organizations. | • Identify and engage in means for Family and Consumer Sciences related organizations to work together to leverage resources at the state and national levels.  
• Identify issues of importance to Family and Consumer Sciences organizations in Washington State. | • Identify and participate in a joint activity with FCCLA, WAFCS, FACSE and other FCS related organizations.  
• Collaborate with Family and Consumer Sciences Education (FACSE) for annual conference.  
• Promote collaborative efforts with FCS related organizations to support the needs of individuals and families.  
• Invite and involve FCCLA members in the area to participate as helpers at the FCS Annual Fall Conference. | • Participate in a collaborative activity with state, regional, or national Family and Consumer Sciences groups.  
• Report collaborative successes through newsletters and social media to raise awareness.  
• Hold an event for youth to attend and learn about the FCS. This can be through FCCLA state as a session students can attend.  
• Promote FCS and FACSE to the youth in FCCLA Leadership for future careers. Use newsletters and website to showcase their efforts. |
International Quilt Market Portland 2018
LynDee Lombardo

After my adventure at International Quilt Market St. Louis in 2017, it was hard to resist the relative ease of driving I-5 South for not quite three hours to attend Quilt Market 2018, so with media credentials earned for another year, I made my way in early April to a textile lovers heaven in Portland.

On day one participants were welcomed by quilt world legend and enthusiastic promoter extraordinaire Karey Bresenhan. A few introductions later, it was time for Anna Maria Horner, fabric and quilt designer, to premiere Free Spirit’s newest designer line, Conservatory. The 2018 collection, curated by Horner, combines Anna Maria’s fabric designs with the work of Arunna Khounnoraj, Canadian designer, and Monika Forsberg, a Swedish born freelance illustrator. Conservatory’s 2018 fabric offerings are titled Chapter One: Pathways. The 2019 Chapter 2 is designated as Portraits and will add the designs of Nathalie Lete, a Paris native, and Courtney Cerruti, a writer, author, and shop owner. Horner’s presentation shared many quilts designed by her to specifically use the collection’s fabrics to their best advantage. The Pathways fabrics emphasize darker, richer colors, especially shades of teal, fuchsia, and blue, in large scale prints which include both naturalistic and abstract representations of leaf and flower shapes.

A new Market feature for this year was Demo Alley. In an “alley” formed by several long tables strung together, attendees could increase their chances of one-on-one interaction with quilt, tool, and technique designers as they promoted and demonstrated their creations. Alley attendees gathered in small, intimate groups for the luxury of face-to-face and hands-on instruction. Demonstrators invited comment, and discussions took place clarifying the inspiration and need for the tool or technique. Prototypes and products still in the development stage were shared by some demonstrators. This activity gave attendees a chance to get business cards directly from the demonstrators, who were often the primary developer of the idea, product, or sewing concept being shown. Sewing machines hummed, and hands and ideas flew. This new activity speaks well of Quilt Market where the organizers are constantly trying to improve the ways in which the local retailer and their staff can connect with their in-store and online patrons. Demo Alley allows the vendors to try out new ideas for future kits, techniques, and items of all types which can be sold to increase a retailer’s income, plus adding creative ideas to the retailer’s repertoire which can bring in new customers and keep existing customers creating and enthused. Most Demo Alley stations had little to do with finding new and beautiful fabrics but everything to do with finding wonderful ways to use fabric to create quilts, garments, embellishments, and decorative or useful items for the home and sewing studios. Over two days I enjoyed several hours in this soul-nourishing interactive process.

This year I felt I better understood the value of the learning and selling opportunities available at Market. I didn’t just enjoy looking at the creatively decorated display cases located outside of the exhibit hall; I used the small colorful displays to do a daily check on which booths I had seen and which I still needed to visit.

Throughout the exhibit floor it was great to see that West coast and Portland area quilt designers and retailers were well represented by the likes of Violet Craft, Eydta Sitar, and Alex Anderson. I enjoy knowing the name of the person who designed my quilting fabric. I appreciate even more hearing what they have to say about their work and quilting in general directly from their mouth to my ears and eyes with no electronic interference. It is a heady experience to rub elbows with such a creative group, even if you are not a fanatic of their work, you can learn from hearing about their process or inspiration.

Experienced shop owners know that at Quilt Market they can make important and lasting connections. They can actually meet their favorite fabric and quilt designers. Often it can be more than just an exchange of greeting; like the give and take conversations of Demo Alley, it can be an opportunity for a two-way exchange of thoughts and ideas that lead to an understanding of a specific consumer need in fabrics, tools, or designs. These opportunities are priceless for both designer and retailer.

I believe in having the best tool you can afford to do the sewing or quilting job you need done. Market vendors are more than ready to provide their customers with these tools. My new favorites for 2018 were acrylic templates in basic
geometric shapes for English Paper Piecing and English Paper Piecing books with hints and tips for more precise piecing and innovative designs. One vendor of a particularly intricate pattern had just completed the beta testing of her design. She was confident that a sewist of moderate skills could sew a quilt top with as much visual impact as intricate quilts from the 1850s through the first half of the 20th Century. Heavy acrylic surfaces that extend your sewing bed were also being demonstrated and purchased by retailers who knew that a bigger sewing machine surface is an important space to have. And once again Sizzix, distributor of precision die cutting tools, was drawing a lot of attention and sales in preparation for the retail release of their newest designer cutting plates.

Hoffman and other manufacturers seemed to be emphasizing their printed panels and coordinating fabrics in a profusion of themes from seasonal Halloween, multi-colored Harvest or Winter designs, to licensed prints with Disney characters from Mulan to Dumbo.

Common design themes were evident in fabrics from Andover to Windham. There was a tsunami of sea themes including all shapes and sizes of mermaids, whales, octopi, fish, coral, starfish, and crabs, plus numerous pirates, ships, and waves. Wild animal themes were also in printed panels, emphasizing owls, wolves, and African wildlife. And it was hard to miss the sparkly unicorns, bees, cats, and trolls!

Every fabric designer and manufacturer seemed to have a new line of solid color fabrics or had added more colors to their existing palette. Likely influenced by the Modern Quilt Movement, this profusion of solids was also expressed in tiny geometric or simple tone-on-tone prints in mostly primary and secondary colors that looked like solid colors when seen from any reasonable distance. Organic cottons and shot cottons, which can be very pricey, still seemed to be of interest to shop owners and professional quilt designers.

Finally, every texture and color of Minky and Cuddle polyester fabrics was being shown in the Shannon booth, including a furry fabric with glossy hairs almost four inches long. Definitely a faux fur that was a fun fur!

As my energy faded and the Market days drew to a close, it was sad to leave this vibrant gathering of people who truly love what they do.
2018 Washington FCS Annual Conference
Sunday, October 21 - Tuesday, October 23
Great Wolf Lodge, Ground Mound (Centralia)

Cultivating Social & Emotional Competence
For Healthy Relationships

Online Registration Now Open

Cultivating Healthy Relationships: Washington FCS Annual Conference

Conference Rates:
• Early Bird Rate until October 1: AAFCS/WA-FACSE Members $350.00
• After October 1: AAFCS / WA-FACSE Members: $400.00
• Non-Member $475.00
• Student Member $100.00
• Student non-member $150.00
• Retired member $150.00
• Retired Non-members $200.00

A Cancellation Fee of $75 will be charged after October 1st

Included in Registration: Monday Breakfast & Lunch, Tuesday Breakfast & Lunch
Monday Evening Meal on Your Own

Accommodation Information:
• Great Wolf Lodge Room Reservations: 1-866-941-9653
• Group Name is: 1810WAFA
• Group Rate is: single/double/triple/quad $103/night + 19.99 resort fee + state/local taxes
• Reservation Cutoff Date: October 1, 2018

Please note there are a limited number of rooms held for our group that are available on a first come basis. Rooms booked after our group allotment has been reached, or after our cutoff date, are subject to availability and our rate may not apply. To ensure availability, book as soon as possible.

To make your reservation:
1. Call 1-866-941-9653
2. Provide their reservationist our Reservation Code: 1810WAFA
3. All reservations MUST be made by Monday October 1, 2018
Pre-Conference Information
Sunday, October 21, 2018
Extended sessions for FCS Professionals

ServSafe Training, taught by Margaret Viebrock, WSU Extension:
Washington State University Extension is offering the ServSafe Manager Certification training for teachers, food service managers, culinary instructors, students and other individuals who have responsibility for teaching, learning, or implementing best practices in food safety and food preparation.

Food safety training is a commitment, a mindset and a smart business practice for everyone involved in food preparation or food service operations. Trained people in the food business support safe food handling practice.

Register by 10/1/2018
- Time: 8:00 a.m. – 4:00 p.m. (includes testing)
- Cost – $130, to be paid in advance
- Questions? Contact Margaret at (509) 670-0595 (Douglas County Extension) or viebrock@wsu.edu

[Click here to Register]

Youth Mental Health First Aid:
Youth Mental Health First Aid is an 8-hour training session for adults who raise or work with youth. Participants learn a 5-step action plan to offer initial help to young persons showing signs of mental health crisis. Topics covered include anxiety, depression, substance use, eating disorders, and other content.
- Time: 8:00 a.m. – 4:30 p.m.
- Cost: $30 (includes lunch)

Frameworks and More - Hands-on-Time with Mary Nagel
Join Mary Nagel for information on completing your frameworks and hands-on time to update them.
- Time: 8:00 a.m. – 4:00 p.m.
- No additional fee – Included with conference registration

Back of the House Tour of Great Wolf Lodge
Have you ever wondered what it’s like behind the scenes at a resort? Join us for a rarely seen glimpse as Great Wolf Lodge Staff guide us through the “back of the house.”
- Time: 1:00 p.m. – 4:00 p.m.
- No additional fee – Included with conference registration

Keynote Speaker: Rene Howitt

Rene Howitt of Cope 24, a non-profit with a mission to significantly reduce incidences of child abuse and neglect by educating all youth on the stresses and responsibility of parenting. Rene’ is a highly regarded speaker on ACEs (Adverse Childhood Experiences). Our childhood experiences, both good and bad, have shaped how we view ourselves, others and the world. Rene will be speaking at the Opening and Closing Luncheons and as a session speaker.

Her Keynote Title is ACE Awareness (Adverse Childhood Experiences).
The 2018 Scholarship Fundraiser is going to be a combination of a Dollar Dash, Jar Raffle, and Silent Auction. We are seeking donations for all.

Dollar Dash, Monday Luncheon: Students will dash around the room for two minutes and collect donations from attendees.

Jar Raffle, Monday Evening: Donated single items will be raffled off. Attendees purchase tickets and get to choose which items they want to be in contention for.

Silent Auction, Monday Evening: Donated themed baskets valued at $50 or more will be auctioned off.

Cash, Checks, and Credit Cards are accepted!

Do you have something to donate? We are accepting new personal items, handcrafted items, things of interest for students and young professionals on a budget. We love gift and coffee cards from restaurants and department stores. We will also accept a limited number of accessories such as very gently used jewelry, scarves, or handbags.

Bring your donations “table ready” with you to registration...we'll take it from there.

All proceeds from the fundraiser will be added to the WAFCS Scholarship Fund.

Help us assist our budding FCS professionals!

Professional Certification Exams to be Offered at the WA FCS Annual Conference Saturday, October 21, 2018

Registration Fee: $95 Registration Deadline: Sunday, September 23, 2018
Link to online test registration form: http://www.rsvpbook.com/aafcspbtregistration
Questions? Contact Dr. Debbie Handy at handy@wsu.edu

The Purpose of Certification
The AAFCS Certification Program is designed to:
• Assure the public that credentialed family and consumer sciences professionals have attained a threshold level of knowledge that enables them to perform services as defined by the mission of the profession;
• Foster excellence in the family and consumer sciences profession and develop criteria for assessing such excellence; and
• Promote professional growth of individuals certified in family and consumer sciences by encouraging a systematic program of professional development and continuing education.

The Benefits of Certification
Becoming certified is the most credible credential a family and consumer sciences professional can achieve. The AAFCS Certification Program provides the following exclusive benefits:
• Promotes continuing education and professional growth;
• Provides recognition to individuals, allows them to use the CFCS title and certified designation;
• Increases professional employment opportunities;
• Fosters excellence in the family and consumer sciences profession;
• Markets the profession;
• Assists employers in recruitment and selection of highly qualified individuals within the profession.
The Editor’s Final Note
Donna Graham,
Retiring WAFCS Public Information Director

Although at times it was a challenge to my technical skill set, it has been a privilege to have been the Public Information Director (PID) for WAFCS for 19+ years. During that time I have edited 38 newsletters (WAFCS Connections), created websites (wafcs.net) and Facebook pages (facebook.com/wafcs), kept them updated, and sent out more emails and E-Blasts than I can count.

Throughout my tenure I have grown as a professional. My career in family and consumer sciences has always been a non-traditional one. My BA is in Home Economics Education and my Master’s is in Adult and Continuing Education. However, except for two quarters as an adjunct at Spokane Falls Community College, I’ve spent no time in a classroom. Most of my career has been as a member of the WAFCS Executive Board and an FCS entrepreneur with my business, Donna’s Seams to Fit, doing custom sewing and alternations.

Where I really found my niche was as the Public Information Director. It allowed me to become more active as a professional both statewide and nationally. For the state I was a part of the Annual Conference planning team for eight years. Nationally I served on several AAFCS committees including the Annual Conference Task Force, the Bylaws Committee (3 years), Chair of the Community of Business and Entrepreneurship (3 years), and Chair of the Communities Coordinating Team.

I consider the best takeaway from my time as the PID was the lifelong friends I have made all over the US.

In 1995, before we joined forces with WA-FACSE for a Fall meeting, Marcia Riggers and I worked together on the WHEA (WAFCS) Annual Conference. At the end of our wrap-up meeting Marcia paid me a compliment that I have treasured for more than 20 years. She called me a Visionary; how I used my skills to look ahead and see how what we were doing now would affect us in the future. As I retire from my position in December I’d like to think I continued to do that. I feel I was influential in developing the future of (and am proud to see) the direction and potential of the Washington Association.

There are so many things I am excited to see happening including:

- A rejuvenation of the relationship between WAFCS and WA-FACSE. I sat in on a planning meeting in August and was so pleased to see the renewed spirit of cooperation between the leadership of both groups.
- More involvement in public policy and critical issues such as Washington State’s participation in the Say Yes to FCS campaign.
- A new generation of leadership; younger professionals who are willing to step up to the plate by becoming officers of the state association, getting leadership training, and by participating nationally. I am also delighted at the way the Executive Board is now multi-generational and working so well together.
- The adoption of new ways to communicate, particularly reaching out to the new professionals and getting them involved.
- Understanding the needs of the association which will sustain it and make it grow in the future.

I look forward to spending time with my husband, family, and friends. Reflecting on my 30 years as a member of the Washington Association of Family & Consumer Sciences, I think I have made some valuable contributions. Just because I’m retiring does not mean that I’m going away; I intend to retain my membership and stay active. I will also maintain the friendships I have formed over the years.

Finally, I will remain loyal to WAFCS and will forever be a…
# Calendar of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>September 14-16, 2018</td>
<td>AAFCS Leadership Council Meeting, Alexandria, VA</td>
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<tr>
<td>October 21-23, 2018</td>
<td>Washington FCS Annual Conference, Great Wolf Lodge, Centralia (Grand Mound)</td>
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<tr>
<td>December 3, 2018</td>
<td>Family &amp; Consumer Sciences Day: <em>Dining In for Healthy Families</em></td>
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<td>February 13, 2019</td>
<td>Family &amp; Consumer Sciences Educator Day</td>
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<td>March 7-9, 2019</td>
<td>Washington FCCLA State Meeting, Wenatchee</td>
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<tr>
<td>June 22-23, 2019</td>
<td>AAFCS Leadership Academy, St. Louis, Missouri</td>
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<tr>
<td>June 23-25, 2019</td>
<td>AAFCS 110th Annual Conference &amp; Expo</td>
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## WAFCS Connections

*Official Publication of the Washington Association of Family & Consumer Sciences.*

Thank you to the members who contributed to this issue of the *WAFCS Connections*.

*WAFCS Connections* is published twice annually. Submission of articles is appreciated and welcomed by the Executive Board and the Public Information Director. The deadlines are February 1st and August 1st of each year. The newsletter is published approximately six weeks after the deadline. If you would like to contribute articles, send them to:

Donna Graham  
WAFCS Public Information Director  
wafcspid@msn.com

AAFCS is the only professional association that provides leadership and support to Family and Consumer Sciences students and professionals from both multiple practice settings and content areas.