Resolution Adopted by the American Association of Family & Consumer Sciences
Board of Directors on July 9, 2018

Initiated by the AAFCS Global Perspectives Community, Supported by the AAFCS Public Policy Community, and the AAFCS Family Relations & Human Development Community

WHEREAS, All people should be treated with dignity, respect, and concern for their needs and human rights throughout their lifespan.

WHEREAS, Adverse childhood experiences can have lifelong consequences that compromise and diminish children’s future potential.

WHEREAS, Parents and strong families are fundamental to the well-being of children.

WHEREAS, The policies adopted, amended, and implemented shall include considerations of the best interests of children and their families.

WHEREAS, Family and Consumer Sciences has a holistic, integrative perspective that provides a comprehensive understanding of individual, family, and community issues on equity, justice, and optimal solutions.

WHEREAS, The American Association of Family and Consumer Sciences (AAFCS) has worked collaboratively with other organizations and agencies to support the well-being of families.

BE IT RESOLVED THAT

AAFCS members, affiliates, and communities support the humane treatment of all individuals, families, and groups of people.

AAFCS members, affiliates, and communities actively support policies and practices that consider and uphold the best interests of families.

AAFCS members, affiliates, and communities actively collaborate with other organizations through the promotion of awareness, education, analysis, and action to support the rights and well-being of families who have entered or are entering the United States.

Advocating for all families: The spark that initiated the 2018 AAFCS Resolution

Dr. Jody Roubanis, CFCS, California Affiliate Past President, AAFCS Global Perspectives Community

With AAFCS as the strong professional association support system, it takes just one spark to get a resolution in place. Prior to the AAFCS Annual Conference, members of the AAFCS Global Perspectives Community regularly discussed issues occurring at the southern border that affect families. In 2014, this community initiated the 2015 AAFCS Resolution that targeted the wellness of children who cross the border into the United States unaccompanied by an adult or a parent. Several weeks before the 2018 AAFCS Annual Conference, community members shared news stories and links to websites explaining the conditions in place separating children from their families. But in terms of a resolution, no one was getting anything on paper.

One week prior to the conference, I received a statement from the California PTA calling for all members to advocate for the basic human rights of all people regardless of their immigration status. I made the decision then, that if a 100% volunteer-based organization can craft a statement, then AAFCS needed to get a research-based statement out and I needed to be the spark to get it started. I sent a draft statement to all members of the AAFCS Global Perspectives Community and then brought it to the AAFCS Leadership Council during its meeting at Annual Conference. After Leadership Council members reviewed the statement they decided to form an editing committee to revise the draft. This revision committee removed all the research-based language that supported keeping families together and drastically shifted the focus from a call for advocacy to a statement of support to other organizations that have taken a stand on the issue. Firmly rejecting this revised statement, the AAFCS Global Perspectives Community met a couple days later and decided to strengthen the original statement and bring it to the AAFCS Board of Directors for adoption as a resolution. Virginia Vincenti, Carole Makela, and I formed the new AAFCS Global Perspectives Community resolution team and co-authored the resolution that was submitted to the AAFCS Board of Directors for adoption. Upon adoption, they removed the history section in the background and the following statement in the resolution: WHEREAS, There has been inhumane treatment of people, even our own citizens, in the past. All the AAFCS resolutions can be found at http://www.aafcs.org/resources/advocacy/resolutions.
Hello to All!

I first and foremost want to thank you all for believing in me to be your President. It has been a steep learning curve, but I would not take back any moment of my journey so far.

Since the last issue, so much has happened. Andrew Chamberlin (President Elect) and I took a trip to Ellensburg to meet with the Washington Student Unit Affiliate at their Spring meeting. While there we got a chance to meet with the students and share the importance of staying involved in their professional organization. It was great to talk to the students and learn about their passion in Family & Consumer Sciences. We also sat on a panel for the students where they got an opportunity to ask us our experiences in the classroom. Overall, it was great meeting the students and seeing the future of our organization.

After attending the Student Unit meeting, I quickly prepared for our annual spring board meeting. It was a great time to meet with our executive board team and plan out the rest of the year as well as discuss the future of WAFCS. We had productive conversations and I can tell you first hand, that our organization is in good hands. The entire team have such a passion for FCS and making the organization the best it can be. One of our accomplishments that day was to plan a big recruiting initiative that you will be able to see at the WA FCS Annual Conference in October.

Soon after our board meeting, seven WAFCS members traveled across the US to Atlanta (or shall I say, HOTlanta) for the National AAFCS Conference. It was a great week where we got the chance to network with leaders across the nation, learn best practices in the field, and share our love and passion for FCS. LynDee Lombardo designed an intricate quilt and displayed it at the Apparel, Textiles & Design Showcase during the conference. It was so fun to talk to her and learn the tricks and trade of quilting. I am hoping to take lessons from her soon! Overall, it was such a great experience attending conference, and I have so much I can hardly wait to take back to my classroom as well as to the organization.

After getting back from Atlanta, it has been “Go Time” for planning the WA FCS Annual Conference taking place October 21-23 at Great Wolf Lodge in Centralia. The planning committee has been working hard making sure all members will enjoy the conference and take golden nuggets back to their workplaces. It has been great working with the Washington Family & Consumer Sciences Educators team and I truly feel you are going to have a great time at conference. We will have our annual scholarship fundraisers at the conference. The Dollar Dash will take place at the Opening Luncheon. Monday evening we will be hosting a raffle for individual items and a silent auction for baskets. All proceeds will go to our scholarship fund. Please consider donating a themed basket for the auction. It is important that we help our young professionals in the field. If you have any questions about the annual conference feel free to contact me. I cannot wait to see all of you there!

Rachel
A Walk Down Memory Lane
Diane Grossenbacher, Retiring WAFCS Executive Director

It was nearly 32 years ago when Dr. Barbara Bovy approached me about applying for the position of WHEA Executive Secretary. I had been a student of hers at SPU, and was just about to give birth to our first son, putting me in the position of stay-at-home-mom. Applying for that position, and being selected to fill that role, changed the course of my life.

There have been many changes during those 32 years!
- I have worked with (at least) 32 association presidents, and 32 board and committee members.
- All correspondence was typed and mailed out, which meant I supported the post office!
- The association changed its name from the Washington Home Economics Association to the Washington Association of Family and Consumer Sciences, due to the change in name at the national level.
- My job title went from Executive Secretary to Executive Director.
- We went from having our own Professional Day and Fall Conference to having only one event, joining with the educators for our annual conference in the fall.
- The position of Public Information Director was created, and filled by Donna Graham, and I have had the privilege of working with her to edit many, many fabulous (nationally recognized!) newsletters.
- I moved from Ballard (in Seattle) to Lynnwood, and went on to have four children (and am now a grandma to our beautiful 5-month-old granddaughter, Isla Harper Stephens!).
- The Bylaws, Handbook, and Policy & Procedures have changed many times over the years.
- I have gone through probably five computers, the first of which was purchased in 1990, at the cost of $1947.90 (yes, I kept the receipt!). Use of the computer revolutionized the job!
- Many wonderful friendships were gained!
- And, most recently (well, 5 years ago), my paid employment changed from working in the area of Career and Technical Education to that of an Elementary Office Manager.

It has been a wonderful 32 years of learning, serving, and lifelong friendship building. On December 31, 2018, I will be ‘retiring’ from WAFCS, and handing the torch to someone else who is passionate about WAFCS, embraces the field of FCS, and who is ready to take the organization to a new level. With the increase in use of technology, constant changes, and younger leadership, WAFCS is ready to make the needed changes that will align with AAFCS.

Congratulations, WAFCS, on the new chapter you are about to enter. May the next 32 years be as wonderful as the last 32!

WAFCS Members Recognized at WA-ACTE Summer Conference

We are proud to announce that several of our members received WA-FACSE Family & Consumer Sciences awards at the WA-ACTE Summer Conference, August 5-8, in Spokane.

WA-FACSE
Teacher of the Year

Janine Vig Sather
Sumner High School

WAFCS Secretary

Nancy Johnson Outstanding New Professional Teacher

Jessica Monfils
Ingraham High School
2018-2019 WAFCS Secretary

WA-ACTE Teacher Educator of the Year

Dr. Debbie Handy
Washington State University
WAFCS Past President

Outstanding Service to Family & Consumer Sciences Education

Rachel Aszklar
Sumner High School
2018 WAFCS President

Congratulations Jessica Monfils...
...on your marriage to Cory Gorski
August 18, 2018, in Wisconsin!
WAFCS Annual Awards
Recognize a Special Person or Organization

It’s time to submit nominations for WAFCS Awards. Anyone can nominate a deserving professional or group for one of the following awards:

Teacher of the Year
The WAFCS TOY award recipient competes for the AAFCS National Teacher of the Year award and will present their program at the 2019 AAFCS Annual Conference in St Louis, Missouri.

Group Contributing to the Betterment of Families
Do you have a business or non-profit group in your town that has made a difference in your community? Nominate them.

Professional of the Year
What better way is there to honor the achievements and contributions of a fellow professional? There is no higher sign of respect than peer recognition.

New Achiever Award
A new award for 2018! A WAFCS/AAFCS professional member who has earned a family and consumer sciences degree, who has been a member of WAFCS for at least two consecutive years prior to the nomination, and who has completed three (3) to eight (8) years of service to the field.

The application forms are available on the WAFCS website at http://wafcs.net/aboutus.html for your convenience. All applications are due by October 1, 2018. For additional information, please contact Karen Bergh at 360-402-3527 or by email at berghk@cwu.edu.

Call for 2019 Candidates for the 2019 WAFCS Executive Board

We are seeking candidates to be elected to serve as President Elect for 2019. (A 3-year commitment: President-Elect, President, and Past President).

There will also be some vacancies on the Executive Board for appointed positions. If you are interested in serving, contact Andrew Chamberlin, President-Elect at ajchamberlin@seattleschools.org

Congratulations to Dr. Jan Bowers
AAFCS 2018 Distinguished Award Recipient

Jan receiving her award from AAFCS President Jacqueline Holland

Jan with GayNell McGinnis, also a DSA recipient, and Lori Myers, AAFCS Sr. Director, Credentialing, Education & Research

The WAFCS Delegation to Atlanta sharing a dining experience

The Washington Association of Family and Consumer Sciences (WAFCS) is accepting applications for Executive Director and Webmaster

WAFCS EXECUTIVE DIRECTOR
The WAFCS Executive Director provides cohesive administrative support for WAFCS, upholding the organization mission. The duties of the position reflect the commitment to assisting the organization’s officers and membership. The Executive Director serves as an ex-officio member of the Executive Board.

WAFCS WEBMASTER
The WAFCS Webmaster supports the organization by maintaining a platform for communication among the officers and membership of the state affiliate, the national organization, and the public. The Webmaster serves as an ex-officio member of the Executive Board.

Interested parties should contact: Karen Bergh at 360-402-3527 or by email at berghk@cwu.edu.
Discovering the Centers for Disease Control Museum
LynDee Lombardo

For almost thirty years, in my career as a Family and Consumer Sciences Health instructor, I regularly found myself referring to Centers for Disease Control produced materials to provide my students with accurate and up-to-date information on all things health-related from HIV/AIDS to zoonoses. And when broader Internet became available, I used the CDC website to find credible health advice as a caregiver on topics ranging from TB to Rabies to recommended child and adult vaccinations. I came to count on the CDC for important information on healthy daily living, and trusted that in times of local or national health emergencies their biologists, epidemiologists and other scientists would be ready to help.

So it was with great anticipation that I registered for a tour of the CDC Museum in conjunction with the 2018 AAFCS Conference. Our tour group bussed from the downtown Atlanta Marriot to the Centers for Disease Control campus situated on 15 acres formerly held by Emory University. As our bus approached the circular drive outside the metal and glass-fronted museum building, we were cautioned that while outside we could only photograph the iconic blue and white CDC sign. I was so unnerved by this unexpected announcement, I was in the museum for almost an hour before I even thought about getting out my camera, and by that time it felt like using my camera would only intrude on my listening and note taking.

The David J. Sencer CDC Museum, a Smithsonian affiliated museum, is designed to educate visitors about the value of prevention-based public health, while presenting the CDC’s rich heritage and world-wide accomplishments in the field of health. The museum, free and open to the public, shows how the CDC has continuously fulfilled its goal of improving overall public health at home and abroad for the past seventy years. Today the CDC is one of the major operating components of the Department of Health and Human Services and is recognized as the nation’s premiere health promotion, prevention, and preparedness agency. Our tour guide, Latoya Simmons, was a vivacious, young woman who also works as a CDC biologist. She spoke with confidence and knowledge about the exhibit, answering our questions as completely as time allowed.

What began as a World War II era directive to fight mosquitoes and malaria common in Southern military training camps and battle sites overseas, has become a CDC mission that continues to fight disease outbreaks in the U.S. and world-wide. This vigilance seems even more important in the 21st Century when diseases can travel just as easily throughout the world as people - when troops return from foreign wars, or vacationers travel by airplane and ships crossing political borders in a matter of minutes or hours, while coming into contact with people, animals and bugs from areas characterized by extreme wealth and extreme poverty. As global warming intensifies, the spread of tropical diseases, which thrive in warmer climates, continues to be an important part of the CDC’s research and prevention activities.

Within the museum, the attentive group listened carefully to how CDC scientists have merged old-fashioned detective work with high-tech science to crack the cases of mystery diseases since their beginning. The agency moved from their original goal of fighting and controlling malaria to a multi-faceted mission of fighting other threats, such as bubonic plague and amoebic dysentery within its first few years of existence. Today’s CDC monitors all communicable diseases from influenza to sexually transmitted diseases and provides practical help to state health departments when requested. The CDC is involved in disease research and surveillance to determine how people are infected around the world.

I found every part of the museum engaging, but two of my favorite displays were the CDC’s participation in the creation of an isolation trailer for NASA astronauts when they returned from the moon – four are still in use today for various types of isolation or quarantine – and the mid-20th Century programs to conquer the spread of polio.

Throughout the museum there are postcard-sized information sheets which visitors can pick up and take home to remind them of past CDC missions and accomplishments, and inform visitors about new initiatives that are important for our future health. One such card carries information about PulsNet, a lab network that matches bacteria through a type of genetic “fingerprinting”. It can help trace the source of a foodborne disease thus preventing its further spread. One of the first uses of the PulsNet system was tracking the 1993 E. coli outbreak in Washington State. More recently the CDC helped develop a test to detect emerging Zika virus strains.

The day-to-day work of the CDC is to keep U.S. residents healthy. The Center is always on the job, ready to fight disease outbreaks with a fast response so outbreaks don’t turn into epidemics; they monitor emerging diseases and stay on top of U.S. health issues. CDC does not have “policing” powers nor is it a regulatory body, but with their scientific expertise they partner with the U.S.D.A. and the FDA who do have the power to act to control outbreaks. The CDC can suggest new healthier actions and behaviors which state health departments can implement at local levels. For example, if you have gone to a regional or state fair lately, you have probably noticed an abundance of hand washing stations or the increased availability of hand sanitizing dispensers.

Just as the museum informs and educates, the overall CDC mission to prevent disease, injuries and disability, to encourage healthy lifestyles through all stages of life, and to inform and educate people about public health means that the CDC has programs that educate middle- and high-school students about epidemiology and the science of public health. These programs are another way the CDC’s shows its “public” face to promote the past, present, and future work of the agency as a vibrant and vital contributor to health and well being here and around the world.

Today CDC specialists are often quoted in news and health-related articles shared through respected news sources from NPR to the New York Times where recent stories such as the continuing spread of Lyme disease in the U.S. and the on-again-off-again international threat of Ebola are reported.

My visit to the CDC Museum only intensified my admiration for the mission and workers of the CDC.
Say Yes to FCS...

is a national educator recruitment campaign. It is a collaborative initiative of the following organizations: National Association of State Administrators of FCS (NASAFACS), FCCLA, Family & Consumer Sciences Educator Association (FCSEA), ACTE Family & Consumer Sciences Division, National Association of Teacher Educators of FCS (NATEFACS), National Association of Teacher of FCS (NATFACS), US Department of Agriculture, National Institute of Food and Agriculture, National Coalition of FCS Education, The Alliance for Family & Consumer Sciences, and the American Association of Family & Consumer Sciences (WAFCS is an Affiliate member of AAFCS).

As educators we should all be a part of this important movement. How can you get involved? Help us recruit new members!

The Executive Board voted at their spring meeting to hold a recruitment campaign during the WA FCS Annual Conference October 21-23 at Great Wolf Lodge in Grand Mound (Centralia). WAFCS is offering to pay 50% of a first year membership ($100) for the first 20 new members to sign up. Board members will be able to help you sign up at our vendor table and show you all the benefits of being a member. We want to keep our profession strong. Get started at conference to find out what’s going on and how you can help.

Don’t forget to...  
"Dine In" on  
Family & Consumer Sciences Day,  
December 3, 2018!

Through the FCS Day initiative, AAFCS provides information, tools, and research on the benefits of families preparing and eating healthy meals together. In 2018, the initiative will have a special focus on the emotional and social aspects of family mealtime. For more information: go to https://www.aafcs.org/fcsday/home.

René Ketchum, Karen Bergh, Debbie Handy & Mary Nagel at the AAFCS conference in Georgia, who are a part of the Say Yes to FCS campaign.
Say Yes to FCS:  
Taking Action in 2018-2019  
Karen Bergh

Summit IV was held in June conjunction with AAFCS Conference and Expo and the National FCCLA Leadership Conference. The focus for the 2018-19 campaign is to develop state action teams for recruitment and to provide platforms for assisting teachers in developing plans for recruiting FCS educators.

Join Dr. Debbie Handy and Dr. Karen Bergh at the WA FCS Annual Conference to learn about the latest tools and resources available on the AAFCS website. Also learn about the development and implementation of our own state campaign on Monday, October 22, from 1:45 to 2:45 pm.

Exciting News for the Say Yes to FCS Campaign!  
USDA/NIFA Grant to support the national FCS Teacher Recruitment initiative

To support our national recruitment initiative The State University of New York (SUNY) at Oneonta, Family, Career and Community Leaders of America (FCCCLA), and the American Association of Family & Consumer Sciences (AAFCS) received a three-year grant from the United States Department of Agriculture National Institute of Food and Agriculture (USDA-NIFA) to establish “The National Partnership to Recruit, Prepare, and Support Family Consumer Sciences Educators.” The $747,525 award and matching funds from the three partner institutions provides a total of $936,572 to address the documented shortage of Family and Consumer Sciences (FCS) educators on a nation-wide basis.

The grant includes funding for 9 projects which:

1. Create an online national licensure directory, by state, to help candidates identify and meet specific state FCS requirements.
2. Create an online catalog of state FCS curriculum guides and resources that candidates and educators can access to help them develop and deliver quality FCS programs.
3. Create and facilitate an online bank of free webinars to provide educators with information on current FCS topics and pedagogy strategies.
4. Create an online overview of preparation options (traditional and alternative model programs, credit for prior learning, national map and directory of providers, etc.)
5. Provide an online summary of available scholarship opportunities, financial aid links and loan forgiveness information for high need teaching fields (includes FCS).
6. Create a bank of online FCS content courses that will be delivered by multiple universities on a rotational basis for place bound candidates seeking licensure.
7. Create and implement a national Say Yes to FCS marketing plan and products.
8. Facilitate national leadership academy summits to advance FCS educator recruitment, preparation and support.
9. Create and facilitate a targeted development and support network for the North East region.

Euthenics  
Founded in 1935 by UW Home Economists

Euthenics is a non profit organization of home economists dedicated to the profession of Family and Consumer Sciences. As an IRS 501(c)(3) organization, they promote FCS, provide annual scholarships, and update members' professional knowledge. All meetings are held at Prince of Peace Lutheran Church, 1415 20th Ave. S.E., Shoreline.

The 2018-2019 general meeting dates are:  
Tuesday, September 25, 2018  
Thursday, October 25, 2018  
Tuesday, March 26, 2019  
Thursday, April 25, 2019

More information about Euthenics can be found on Facebook at Euthenics of the Greater Seattle Area.